



BURWELL SURGERY FLU IMMUNISATION

Flu season is nearly here! The Doctors would like to invite you to have your flu vaccination at the surgery if you are eligible.

The Department of Health recommends annual flu vaccination for all those who have diabetes, are pregnant or are aged 65 and over. You are also recommended to get the vaccine if you have any long term conditions affecting your lungs, heart, kidneys, liver, brain or nervous system, immune system or spleen. Carers are also encouraged to have the flu vaccine.

Getting vaccinated is the best way to protect yourself and the doctors and nurses are more than happy to give you the vaccination during a routine check-up and review as it is very quick and easy to administer. They are also able to offer the shingles and pneumococcal vaccines to eligible patients.

We are providing children's flu immunisation again this year, which is administered via a nasal spray. Public Health England guidelines for eligible children are as follows:

Children in clinical risk groups detailed above aged 6 months up to 2 years old
All children aged 2 and 3 years old on 31 st August 2018
Children in clinical risk groups detailed above up to the age of 17 years old
Children not listed above will be offered the flu vaccine at School

Our flu clinics are planned for:

Date	Venue	Time	Type of Clinic
Thursday 20 th September	Burwell & District Day Centre Ash Grove, Burwell, Cam- bridge CB25 0EN	9.00 – 11.30 am	Bookable with Day Centre. Over 65s only
Saturday 29 th September	Burwell Surgery	9.00 – 12.00 noon	ADULTS only
Monday 1 st October	Burwell Surgery	18.30 - 19.30 pm	Bookable
Wednesday 17 th October	Burwell Surgery	14.30 – 17.00 pm	Bookable
Saturday 20 th October	Burwell Surgery	9.00 - 12.00 noon	Open

More dates will be added as required. If you cannot make any of the above clinics, please do contact the surgery to arrange your vaccination.